

Class – XII
DELETED SYLLABUS
(For the Session of 2020-21 Only)
PSYCHOLOGY
(THEORY)

Psychology, Self and Society

Unit V : Therapeutic Approaches

Types of therapies: Psychodynamic

Unit VI : Attitude and Social Cognition

Social cognition; Schemas and stereotypes; Impression formation.

Unit VII : Social Influence and Group Processes

Nature of Conformity, Obedience, and Compliance: Cooperation and Competition; Social identity; Inter-Group Conflict; Conflict Resolution Strategies.

Unit VIII: Environmental and Social Concerns

This unit focuses on the application of psychological understanding to some important social issues. Human- environment relationship; Environmental effects on human behaviour. Noise, pollution, crowding, natural disasters, social issue: Aggression and Violence; Social Inequality and Poverty; Media and human values; Promoting pro-environmental behaviour, Human rights and citizenship; Peace.

Unit IX: Professional Skills for a Psychologist

This unit deals with some effective psychological and interpersonal skills for facilitating personal-social development.

Psychological skills: Observation, Interviewing, Testing, Counseling and Communication.

